

**BEFORE YOU GET STARTED**

Hi from Jenny!  
How it Works  
Getting Started Quiz

**1. DIETETIC INTERNSHIPS 101**

Introduction  
What Are Dietetic Internships?  
What Are Distance Dietetic Internships?  
What is the Application Process Like?  
The Best Experience to Get Before Applying  
My Top 5 Tips for Getting Matched  
Positivity is Key to Success  
Why Paid Clinical Experience is So Valuable  
DI 101 Quiz

**2. GPA**

Introduction  
GPA Calculator  
My Most Important Thoughts on GPA  
Low GPA Strategies  
GPA Quiz

**3. CHOOSING YOUR DIETETIC INTERNSHIPS**

Introduction  
Dietetic Internship Database  
What Dietetic Internships To Apply To?  
My Spots Rule  
8 Factors to Consider When DI Searching  
Distance Dietetic Internships Explained  
How to Decide on Graduate School  
Choosing Your DIs QUIZ

**4. DIRECTOR COMMUNICATION**

Introduction  
A Guide to Impressing Directors  
Prepare for the Open House or Visit  
Sample Emails to Directors  
10 Tips Straight from DI Directors  
Director Communication Quiz

**5. DICAS PART 1**

Introduction  
DICAS Application Overview  
DICAS Tutorial Video (63:21)  
Top 10 DICAS Facts You Must Know  
Contact, Personal, Background Info  
DPD Program Information Section  
DPD Advisor Follow Up  
Transcript Requests  
Transcript Follow Ups  
Educational Information  
DICAS Part 1 Quiz

**6. REFERENCES**

Introduction  
A Guide to References  
The Secret to Awesome References  
Schedule Follow Up Before Deadline  
Sample Reference Thank You Note  
Sample References  
Sample Student Information Form  
References Quiz

**7. RESUME**

Introduction  
Resume Success Strategies  
How to Make Resume Visually Appealing  
Awesome Resume Verbs  
Resume Samples & Template  
Resume Checklist  
Resume Rubric  
Upload Final Resume into DICAS  
Resume Quiz

**8. PERSONAL STATEMENT**

Introduction  
Personal Statement Webinar  
27 Skills to Highlight in Application  
Why a Theme is So Important  
How to Write the Intro Paragraph  
How to Grab the Director's Attention  
How to Remove "Junk"  
Decide What Experiences to Talk About  
The STAR Method  
The Goals Mistake  
Top 5 Grammar Rules  
Personal Statement Checklist  
Personal Statement Outline  
Personal Statement Rubric  
How to Write Additional Versions  
Add All Versions of Your Statements  
Personal Statement Quiz

**9. DICAS PART 2**

Additional Information Section  
Sample DICAS Formatting  
Program Designations  
DICAS Part 2 Quiz

**10. SUPPLEMENTAL MATERIALS & FEES**

How to Add Supplemental Materials  
Application Fees  
Sample Cover Letter for Program Fees  
Supplemental Materials Quiz

**11. PORTFOLIOS**

How to Create an E-Portfolio  
My Best E-Portfolio Strategies  
Portfolios Quiz

**12. COMPUTER MATCHING**

How to Complete Computer Matching  
My Computer Matching Explanation  
Computer Matching Quiz

**13. DICAS PART 3**

Do Final DICAS Check  
How to E-Submit (And What Happens When You Do)  
DICAS Part 3 Quiz

**14. INTERVIEWS**

Introduction  
How to Prepare for the Interview  
175 Sample Interview Questions  
Sample Questions for the Interviewer  
Sample Interview Answers  
Interview Checklist  
Answer Strategies for Common Questions  
Interview Quiz

**15. PRECEPTORS**

Introduction  
Helpful Links from Distance DI Websites  
Sample Preceptor Emails  
Preceptors Quiz

**16. BACK UP PLAN**

Introduction  
What to Do If You Don't Get Matched  
Here's Your Back Up Plan  
What are ISPPs?  
Back Up Plan Quiz

**17. BONUS RESOURCES**

Important Links  
Top 10 Application Mistakes to Avoid  
122 Application Tips from Dietetic Interns  
Repeat Applicants FAQs  
International Student FAQs

**THIS COURSE GUIDES  
YOU THROUGH THE  
ENTIRE PROCESS AND  
GIVES YOU A PROVEN  
ROADMAP AND  
STRATEGY TO GET  
MATCHED!**